

**QP CODE: 102011**

**Reg.No:.....**

**First Year Post Basic B.Sc Nursing Supplementary Examinations  
October 2017**

**NUTRITION & DIETETICS**

**(2010 Scheme)**

**Time: 2 Hours**

**Total Marks: 35**

- Answer all questions
- Draw diagrams wherever necessary
- Write only in 32 Pages answer books

**Essay:**

**(10)**

1. Discuss the common nutritional problems of our country

**Short notes:**

**(5x3=15)**

2. Role of dietary fibre
3. Foods to be taken and avoided by a diabetic person
4. Routine hospital diet (any 2)
5. PEM
6. Functions of calcium

**Answer briefly:**

**(5x2=10)**

7. Define balanced diet
8. Give the classification of carbohydrates
9. What is rancidity
10. What is scurvy
11. What are essential amino acids

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